

FIG WTC COP 2017 – 2020 FLOOR (SECTION 13) December 2016 Read in conjunction with NL40

CONTENT OF THE EXERCISE - Maximum 8 highest difficulties including dismount are counted for DV
 Minimum 3 Dance & 3 Acro + 2 optional elements
 No dismount count only 7 elements for DV - 0.50 deduction (D Panel) (FS)
 Maximum number of acro lines is 4 / No dismount will be credited if only 1 acro line
 Any difficulty (acro) performed after last counting acro line will not be counted for DV
Short exercise - 7 els or more - 0.00 / 5-6 els - 4.00 / 3-4 els - 6.00 / 1 to 2 els - 8.00 / No els - 10.00 (D Panel) (FS)
Duration of exercise may not exceed 90 seconds. Overtime - 0.10 deduction (D Panel) (FS)

13.3 COMPOSITION REQUIREMENTS (CR) - D PANEL -2.00		
1. Dance passage 2 different leaps / hops (from Code), connected directly or indirectly, 1 with 180° split (cross, side or straddle)	award	0.50
2. Salto with LA turn (minimum 360°)	award	0.50
3. Salto with double BA	award	0.50
4. Salto backward & salto forward (<i>no aerials</i>) <i>in same or different acro line</i>	award	0.50
NOTE CR 2, 3 and 4 must be performed within an Acro Line		

13.4 CONNECTION VALUE (CV) - D PANEL Formulas for indirect and direct connections	
INDIRECT ACRO (without hand support only)	
0.10	0.20
B/C + D A + A + D	C + E D + D A + A + E
DIRECT ACRO (without hand support only)	
A + D C + C	A + E C + D
MIXED	
D salto + B (dance) E salto + A (dance)	Both must be performed in this order
CONNECTION OF TURNS on ONE LEG	
D + B B + B (no step)	Note: Turns may be performed on same support leg (brief demi-plié on support leg is permitted) or with step into turn on opposite leg (no demi-plié is permitted)

13.5 ARTISTRY AND CHOREOGRAPHY DEDUCTIONS - E PANEL	0.10	0.30	0.50
Artistry of Performance			
- Insufficient artistry of performance throughout the entire exercise			
• Lack of expressiveness	X		
• Inappropriate gesture or facial expression (mimic) not corresponding to the music or to the movement	X		
• Failure to engage the audience	X		
- Inability to reflect musical theme, to play a role or a character throughout the performance	X		
- Performance of the entire exercise as a series of disconnected elements & movements	X		
Composition			
- Incorrect selection of movements for the particular music, eg. 'Tango' music but 'Polka' movements	X	X	
- Insufficient complexity or creativity of movements (<i>a complex and creative movement is one that requires training time, co-ordination and previous preparation</i>)	X		
- Missing movement touching floor (including minimum trunk, thigh, knee or head)	X		
Music & Musicality			
- Editing of music (eg. no opening, ending or accents)	X		
• No structure to the music			
- Musicality			
• Lack of synchronisation between movement and musical beat during a part of the exercise	X	X	
• Lack of synchronisation between movement and musical beat at the end of the exercise			
• Background music (<i>the exercise is connected to the music only at the beginning and end of the exercise</i>)			X

13.6 SPECIFIC APPARATUS DEDUCTIONS - E PANEL			
- Excessive preparation			
• Pause (apply at 2 seconds)	ea X		
• Adjustment (unnecessary steps)	ea X		
• Excessive arm swing before dance elements	ea X		
- Poor body posture/Amplitude (<i>maximum elongation of the body movements</i>) throughout			
• Head, trunk, shoulder and arm positions	X		
• Feet not pointed/relaxed turned in/flat	X		
• Insufficient amplitude of leg swings/kicks	X		
- Distribution of elements			
• Exercise starts immediately with an acro line	X		
• Subsequent acro line performed after previous line along the same diagonal without choreography in between (long acro line allowed)	ea X		
• More than 1 subsequent acro line	ea X		
• Exercise ends with acro element (no choreography after last acro)	X		
• Lack of variety in choreography into corners (for the entire exercise)	X		